Ashlyns Catering Food Allergen Matrix

School Name: St Peter's London Docks Primary School Spring/Summer 2026 - Week 3

WEEK: 3		Celery	Cereals including gluten							Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
	Menu Item		Barley	Kamut	Khorasan	Oats	Rye	Spelt	Wheat											
MONDAY	Macaroni Cheese & Garlic Bread			X				X	X					X		X				X	
	Curried Club Dahl & Rice	X																			
TUESDAY	Planet Friendly Sausage Roll			X				X	X				X			X				X	
	Puff Pastry Chicken Sausage Roll								X		X		X			X				X	X
	Apple & Raisin Cake								X		X			x						X	
WEDNESDAY	Traditional Chicken Stew & Rice	X																			
	Butter Bean & Vegetable Stew & Rice																				
THURSDAY	Italian Style Beef Lasagne			X				X	X		X										
	Aubergine & Lentil Lasagne			X				x	x		X			X						X	
	Jam & Coconut Slice								X		X									X	
FRIDAY	MSC Fish Fingers & Chips			X				X	x			X									
	Caramelised Red Onion/Cheese Tart								X					X						X	
	Ice Cream													X							
DAILY	Jacket Potato & Fillings										X	x		X							
	Wholemeal Bread		X						x											X	
	Choice of Salads																				